

SPORTS LEADERS

Tanglin is now running four of the many Sports Leaders UK awards. President of the British Sports Trust, HRH Prince Philip writes; *“The British Sports Trust supports a remarkably successful initiative. The Sports Leaders Awards are intended to encourage people to volunteer to become coaches and organisers of sport in their communities. The scheme is designed to help people of all ages develop their sporting interests so that they are better qualified to offer their services as coaches and organisers. At the same time it makes it possible for participants to develop their own self-confidence and leadership qualities, both of which can make all the difference to young people when it comes to finding a job.”*

Sports Leaders UK is a charity based organisation that has been steadily growing for 25 years. Tanglin has now brought the opportunities the programme offers to SE Asia. There are many qualifications available from language leadership courses to basic expedition leadership.

Courses are available to everyone, whatever your ability, passion, experience or qualification, all you need is enthusiasm!

The many awards will teach the life skills of communication, organisation, planning, fair play and leadership. All of these are vital skills for life. The courses will also develop self confidence which will prove invaluable when going for interviews.

Tanglin is now an Approved Assessment Centre and an accredited site to run several of the courses on offer. Having had recent up to date training from Pavla Bloor, a Sports Leaders UK trainer, Tanglin now has several staff who are qualified to run the courses now available to the students from Years 6-13.

All awards are UK nationally recognised qualifications and can be a stepping stone to employment, further education or training.

Please take a look at the various courses on offer at Tanglin to see which suits your child and to find out more information.

Young Leaders Award

Tanglin offers this as part of the PE curriculum for Year 6 in a six week block. The participants have to be between the ages of 9-13. They will be taught leadership skills through a range of games and activities. Links can be clearly made with the National Curriculum in PE, English, Citizenship and PSHE programmes. The course encourages responsibility, communication, organisation, self-esteem, working with others, planning and reviewing, cooperation, moral and social skills.

Sports Leaders Award – Level 1

Tanglin offers Sports Leaders Level 1 as an option in their Year 10 PE curriculum. Participants must be over the age of 14. It runs for the whole 3 terms, and by the third term each student is confident and capable of running their own club for junior students on a 1hourly, weekly basis. They are in charge of this club, they have to plan, organise, run and evaluate their work. This is when they really put their leadership skills to practice.

Community Sports Leadership - Level 1

Tanglin offers this award in the 6th form elective time. Participants must be over the age of 16. This is an extension of the Sports Leaders award, where candidates will be encouraged to lead sessions right from the start (which they would have learnt on Sports Leaders). This award is based much more in the community and is more about the students taking ownership of their activity, setting up links with the community and working as a coach or leader in the wider community. Students can run sessions with local primary schools or at their local sports club.

Dance Leadership Award

Candidates must be 14 years of age to participate in this course. Ideal for those who love their dance, be it hip hop, ballet or jazz. The course uses dance to help develop vital skills for life such as planning and organising oneself and others, teamwork, communication and motivation. You do not need to be a dance expert however, just some get up and go and an interest in helping others is all that are needed.

YEAR 10 SPORTS LEADERS PLAN

Tues 9th Sept- Introduction to the Course / Learning Outcomes / Log Books.

Tues 16th Sept-Communication

Tues 23rd Sept-Communication

Tues 30th Sept-Communication

Tues 7th Oct-Organisational Skills

Tues 14th Oct-Organisational Skills

Tues 21st Oct-Organisational Skills

HALF TERM

Tues 4th Nov-Organisational Skills

Tues 11th Nov-Organisational Skills

Tues 18th Nov-Planning and Preparing a Session

Tues 25th Nov-Planning and Preparing a Session

Tues 2nd Dec-Planning and Preparing a Session

Tues 9th Dec-Planning and Preparing a Session

CHRISTMAS HOLS

Tues 6th Jan-Planning and Preparing a Session

Tues 13th Jan-Planning and Preparing a Session

Tues 20th Jan-Health Related Links

CHINESE NEW YEAR

Tues 3rd Feb-Health Related Links

Tues 10th Feb-Health Related Links

Tues 17th Feb-Fair Play

HALF TERM

Tues 3rd March-Health Related Links

Tues 10th March-Health Related Links

Tues 17th March- Role of the umpire

Tues 24th March-Student Led-sessions

Tues 31st March-Student led sessions

EASTER

Tues 21st April-Student- led sessions

Tues 28th April-Student-led sessions

Tues 5th May-Student-led sessions

Tues 12th May-Student-led sessions

Tues 19th May-Student-led sessions

HALF TERM

Tues 2nd June-Student-led sessions

Tues 9th June-Student-led sessions

Tues 16th June-Student- led sessions

Tues 23rd June-Opportunities in Sport

Tues 30th June-Course Evaluation

EXTRA HOURS

There are opportunities for all students to assist with the running of sports clubs throughout the year. In term 2 or term 3, all students will be expected to complete 15 hours Sports Leadership in the community- Tanglin Sports Clubs do not count. Students will have assistance in finding appropriate placements.